



yoga with zack  
RETREATS · CLASSES · WORKSHOPS

## Directions

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### **WELLFLEET METHODIST CHURCH** **Main St., Wellfleet**

*From Orleans:*

- Take Rte. 6 North.
- Enter Wellfleet (Drive-in Theatre on left).
- Turn left at second set of lights (approx. 8.7 miles).
- Methodist Church is the second Church on the right.

*From Provincetown:*

- Take Rte. 6 South.
- Enter Wellfleet.
- Turn right at second set of lights.
- Methodist Church is the second Church on the right.

### **COUNCIL ON AGING** **Old King's Highway,** **Wellfleet**

*From Orleans:*

- Take Rte. 6 North.
- Enter Wellfleet (Drive-in Theatre on left). Go 8.6 miles.
- Just past PJ's Restaurant, go right on Cahoon Hollow Road.

Right at the fork. COA is on the right.

*From Provincetown:*  
Take Rte. 6 South.

- Enter Wellfleet.
- Just past second set of lights, go left on Cahoon Hollow Rd.
- Right at the fork. COA is on the right.

### **LIFE CENTER FOR HEALTH** **50 Main St., Orleans**

*From Orleans Rotary:*

- Take Rte 6A into Orleans.
- At second set of lights, go left onto Main Street.
- The Life Center is 100 yards on right.